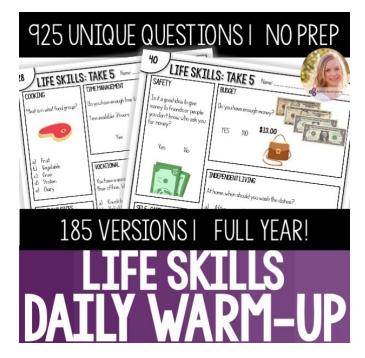
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PERKS INCLUDE:

- **✓ NO REPEATING QUESTIONS**
- ✓ ANSWER KEYS INCLUDED
- ✓ YES/NO, MULTIPLE CHOICE, AND OPEN-ENDED QUESTIONS
- ✓ IDEAL FOR MIDDLE SCHOOL, HIGH SCHOOL, AND TRANSITION
- ✓ LIFE SKILLS
- √60+ TOPICS COVERED, 15 QUESTIONS PER TOPIC
- ✓ NO-PREP, PRINT AND GO FOR THE BUSY TEACHER!

Name: _____

COOKING

Meat is in what food group?



- a) Fruit
- b) Vegetable
- c) Grain
- d) Protein
- e) Diary

HEALTHY CHOICES

Which is the healthier option?





Fruit

Chips

TIME MANAGEMENT

Do you have enough time to: read or listen to a 200-page book

Time available: 3 hours

Yes

 N_0

VOCATIONAL

You have a question for your manager, but they are working in their office. What should you do?

- a) Knock before walking into their office
- b) Yell at them through the door
- c) Just walk into the office and start talking to them

MISCELLANEOUS

What time does the clock show?



Name:

SAFETY

Is it a good idea to give money to friends or people you don't know who ask you for money?

> No Yes



SELF-CARE

What are reasons to take a shower?

- You are sweaty a)
- P) You are dirty
- You need to wash your hair
- d) You haven't taken a shower yet today
- All of the above e)



BUDGET

Do you have enough money?



INDEPENDENT LIVING

At home, when should you wash the dishes?

- After you cook a meal a)
- If there are no more dishes left to cook with or eat on
- If the dishwasher is running and there are more dishes to clean
- All of the above 4)

SHOPPING

If you need to buy a gallon of milk, a dozen eggs, and a frozen turkey, should you grab a cart or a basket before you start shopping? Circle your answer:





Name: _____

COOKING

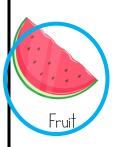
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HEALTHY CHOICES

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TIME MANAGEMENT

Do you have enough time to: read or listen to a 200-page book

Time available: 3 hours

Yes

No

VOCATIONAL

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- a) Knock before walking into their office
- b) Yell at them through the door
- c) Just walk into the office and start talking to them

MISCELLANEOUS

What time does the clock show?

<mark>6:55</mark>



Name:

SAFETY

Is it a good idea to give money to friends or people you don't know who ask you for money?

Yes





SELF-CARE

What are reasons to take a shower?

- You are sweaty a)
- P) You are dirty
- You need to wash your hair
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BUDGET



INDEPENDENT LIVING

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SHOPPING

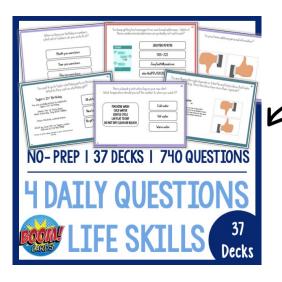
If you need to buy a gallon of milk, a dozen eggs, and a frozen turkey, should you grab a cart or a basket before you start shopping? Circle your answer:

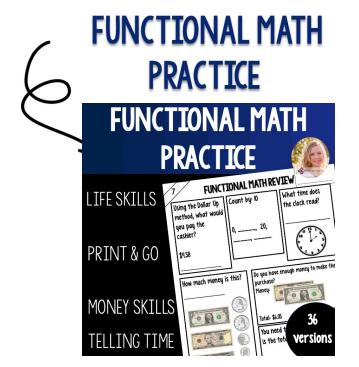




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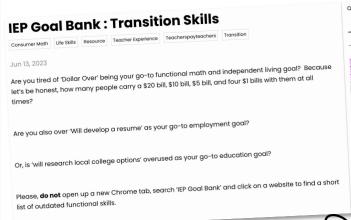
LIFE SKILLS BOOM CARDS
DAILY 4 QUESTIONS





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✓ INVALUABLE GOAL BANK TO

ADDRESS APPLICABLE

INDEPENDENT LIVING,

EDUCATION, TRAINING, AND

EMPLOYMENT GOAL AREAS

CLICK HERE ^ TO KEEP READING!

ABOUT ME

I've been teaching for over 10 years and continue to find joy in working with students with disabilities!



I currently teach transition age young adults (18-22 years old) with moderate to severe disabilities. Community experiences, life skills, consumer math, and vocational skills are the focus and I love that each day is different and new.

My educational background includes- Bachelor's Degree in Elementary Education and Special Education, Master's Degree in Advanced Special Education, and 30+ Graduate Hours in Assistive Technology.

-Heather

CONNECT WITH ME HERE!









GRAPHICS & FONT CREDIT







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