

# SKILLS ADDRESSED THROUGH COMMUNITY OUTINGS

NO MATTER THE OUTING, YOU CAN JUST ABOUT GUARANTEE THAT THE FOLLOWING SKILLS WILL BE ADDRESSED IN SOME WAY. USE THE SKILL LIST BELOW AND NATURAL OUTING OPPORTUNITIES TO IDENTIFY CLASS-WIDE SKILL WEAKNESSES, INFORM IEP GOALS, COLLECT DATA, AND JUSTIFY CONTINUED PRACTICE THROUGH COMMUNITY ACCESS OUTINGS.

- Transportation
  - Time management
  - Available options based on destination
  - Cost/Paying fare
  - Expected behavior
  - Keeping track of personal belongings
- Packing
  - Identify needed items (shopping or packing list)
  - Estimate payment needed and payment method
  - Create a budget
- Following a Schedule
  - Identify activity options
  - Choose preferences/Choice making
  - Prioritize tasks
  - Adjust schedule based on time
  - Transitioning between activities and environments
- Communication
  - New and familiar communication partners
  - Expressing needs and wants
  - Asking questions
  - Reading non-verbal cues
  - Request accessibility needs
- Community Manners
  - Anticipated behavior expectations
  - Practicing flexibility
  - Engaging in new or unpreferred experiences
  - Accessible features
- Safety
  - Transportation
  - Crossing the street
  - Reading community signs
  - Recognizing risks
  - Carrying personal medical supplies
- Time Management
  - Prepare/Pack before leaving
  - Calculating time to create a schedule
  - Estimating
- Advocacy
  - Getting needs met
  - Answering questions (i.e. restaurant order)



# ABOUT ME



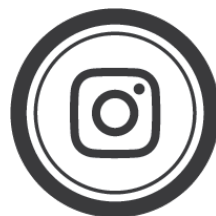
I've been teaching for over 10 years and continue to find joy in working with students with disabilities!

I currently teach transition age young adults (18-22 years old) with moderate to severe disabilities. Community experiences, life skills, consumer math, and vocational skills are the focus and I love that each day is different and new.

My educational background includes- Bachelor's Degree in Elementary Education and Special Education, Master's Degree in Advanced Special Education, and 30+ Graduate Hours in Assistive Technology.

-Heather

## CONNECT WITH ME HERE!



## GRAPHICS & FONT CREDIT



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